### **Leading Causes of Death**

2023 Alaska Native Health Fact Sheet | Mortality



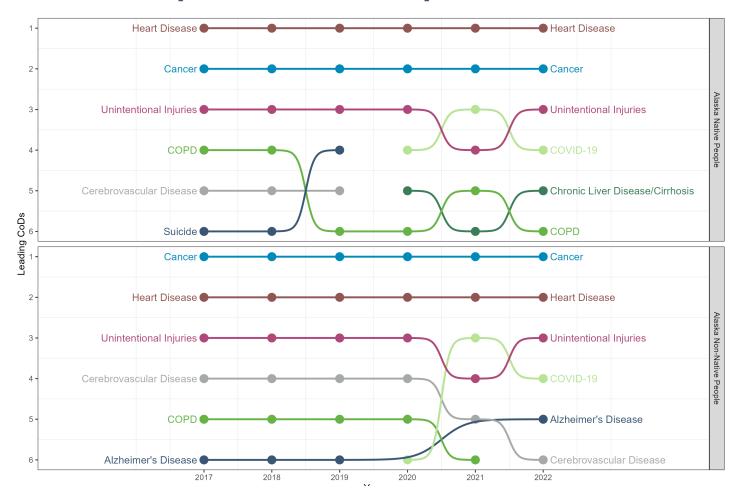
#### **Definition**

The leading causes of death are the underlying causes of death that account for the highest number of all deaths in a population in a given time period. The leading causes of death are presented in rank order and are ranked according to the age-adjusted mortality rate. Ranking the leading causes of death is a common way to look at mortality data and to monitor the burden of various diseases and behaviors. For the International Classification of Diseases-10 (ICD-10) code categorization, visit the National Center for Health Statistics.

### Note about chart and tables

- The chart on the previous page is a type of line chart called a bump plot which displays how rank changes over time. The Y-axis shows a cause of death's rank from the 1st leading cause of death to the 6th leading cause of death. The X-axis shows the years 2017-2022. By tracking the lines, you can see how a specific cause of death moves up or down in rank over time.
- » The tables below show the top ten leading causes of death by sex for Alaska Native People and non-Alaska Native people statewide.

# Age-Adjusted Leading Causes of Death in Alaska, 2017-2022: Alaska Native People and Non-Alaska Native People



Data Source: State of Alaska Vital Statistics. | Note: Leading causes of death based upon rates age-adjusted to the 2000 U.S. standard population.

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### **Summary**

- » From 2017-2022 heart disease and cancer remained the first and second leading causes of death for Alaska Native people statewide. These two causes of death accounted for 36.2% of all deaths of Alaska Native people during this time period.
- » The Alaska Native mortality rates were significantly higher than the non-Alaska Native rates for the six leading causes of death.
- » In 2021, COVID-19 temporarily surpassed unintentional injuries as the third leading cause of death.
- » For 2021, the <u>CDC lists heart disease as the leading</u> cause of death in the <u>United States</u> and <u>Cancer as</u> the leading cause of death for Alaska.

| Leading Causes of Death*        |             |           |                 | 2017-2022     |
|---------------------------------|-------------|-----------|-----------------|---------------|
| Death Category                  | ANAI Deaths | ANAI Rate | Non-ANAI Deaths | Non-ANAI Rate |
| Heart Disease                   | 1168        | 102.0     | 4221            | 59.3          |
| Cancer                          | 1105        | 87.3      | 4994            | 34.7          |
| Unintentional Injuries          | 971         | 60.3      | 1897            | 25.0          |
| Suicide                         | 426         | 21.7      | 791             | 10.0          |
| Chronic Liver Disease/Cirrhosis | 366         | 22.5      | 526             | 5.9           |
| COVID-19                        | 334         | 27.0      | 924             | 12.2          |
| COPD                            | 305         | 26.5      | 971             | 13.8          |
| Cerebrovasculaor Disease        | 256         | 23.5      | 1037            | 16.0          |
| Alcohol Abuse                   | 239         | 14.9      | 190             | 20.           |
| Homicide                        | 161         | 8.9       | 230             | 3.0           |

| Leading Causes of Death*        | Alaska Native People, 2017-2022 |             |             |           |
|---------------------------------|---------------------------------|-------------|-------------|-----------|
| Death Category                  | Female Deaths                   | Female Rate | Male Deaths | Male Rate |
| Heart Disease                   | 473                             | 72.9        | 695         | 131.2     |
| Cancer                          | 531                             | 73.4        | 574         | 101.2     |
| Unintentional Injuries          | 382                             | 46.5        | 589         | 74.0      |
| Suicide                         | 109                             | 11.0        | 317         | 32.4      |
| Chronic Liver Disease/Cirrhosis | 235                             | 28.7        | 131         | 16.3      |
| COVID-19                        | 147                             | 21.8        | 187         | 32.2      |
| COPD                            | 146                             | 23.1        | 159         | 29.9      |
| Cerebrovasculaor Disease        | 149                             | 23.6        | 107         | 23.5      |
| Alcohol Abuse                   | 93                              | 11.1        | 146         | 18.6      |
| Homicide                        | 53                              | 5.7         | 108         | 12.0      |

<sup>\*</sup> Data Source: State of Alaska Health Analytics and Vital Records